

## An easy read guide to **CONNECT**

 A photograph of a man in a dark suit and tie, sitting at a desk and writing on a piece of paper with a pen.	<p>Are you going to an interview or starting a new job?</p>
 A portrait photograph of Cheryl Sandford, a woman with blonde hair, smiling.	<p>Cheryl Sandford from <b>CONNECT</b> can help you with transport. She works in Blackburn town hall.</p>
 An illustration showing a red double-decker bus, a red car, a blue and yellow train, and a black taxi.	<p>Cheryl's job is to help you get to your place of work, interview or training using sustainable transport.</p>



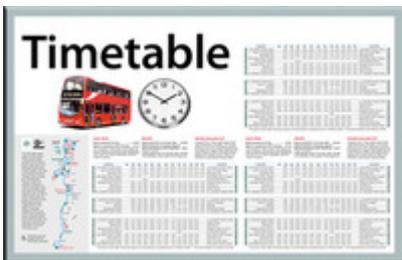
Or Cheryl can help you plan a day out.



**What does sustainable transport mean?**

It means transport that is better for the planet, with less pollution and waste.

Like walking, cycling, catching the bus or the train or car sharing.



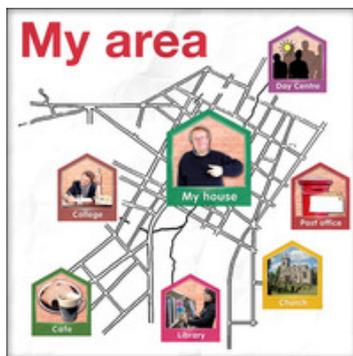
Cheryl can help you find the cheapest and fastest way to get to interviews, training courses or your new place of work.



Cheryl can give you a travel plan. You can have a travel plan to go for a day out or to see your friend, not just to go to work.



The travel plan will give you the times for your transport.



The travel plan will show you the quickest and easiest way to get to your interview or new job.

If you are planning a day out, it will show you how to get there and how long it will take you.



Cheryl could help you to pay your travel costs for going to interviews or starting a new job.



There are lots of different ways you can travel to work.



## Bus

There are lots of buses to use in Blackburn with Darwen.

You can buy a travel pass to help you save money.



## Train

There are train stations in Blackburn, Darwen, Mill Hill, Cherry Tree, Pleasington and Entwistle.

You can buy a travel pass to help you save money.



**There is a new 'Easy Card' scheme starting in Autumn 2014.**

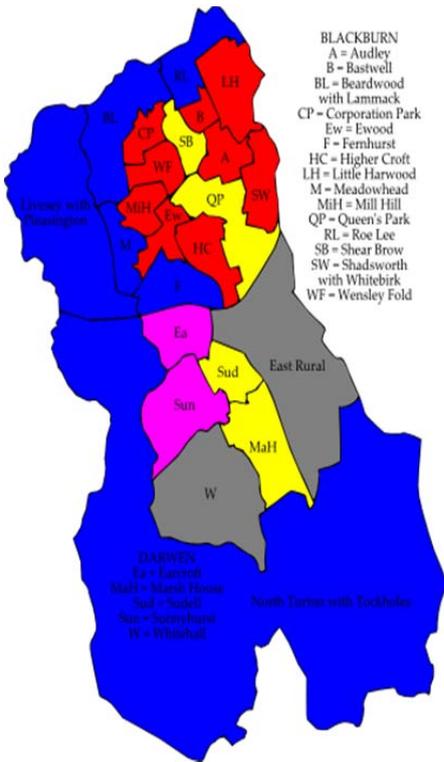
An Easy Card makes it easier to buy a train ticket. It will let you get straight on the train and pay the conductor without queuing to ask for a ticket at the ticket office or using a ticket machine.

### **How to use an Easy Card**

All you have to do is show the train station staff your Easy Card and your disabled bus pass at the ticket barriers.

They will let you through and you can get on your Northern Rail train.

On the train, a conductor will come down and ask for everyone's tickets. All you need to do is show your Easy Card and disabled bus pass. You can then pay for your ticket on the train.



## Who can get an Easy Card?

Anyone with a learning disability who lives in Blackburn or Darwen.

## How to get an Easy Card

You will need to fill out an Easy Card application form. You can get a form from Cheryl Sandford. How to contact her is written at the end of this leaflet.



If you have a physical disability and your local train station isn't accessible, Northern Rail can transport you to your nearest accessible station.



## Park and stride

This is when you park your car and then walk a short distance to work.



## **Car share**

If you own a car or even if you don't, you can join Shared Wheels which brings people together to car share.

Car sharing is when 2 or more people share a car and travel together. They normally share the petrol costs.



## **Walking**

Walking helps to keep you fit and healthy.

You could join a walking group.



## **Cycling**

Cycling helps to keep you fit and healthy.

If you want to cycle to work we can give you information about the Cycle to Work Scheme.

This lets you buy a bike and pay the cost back monthly.



You can learn to ride a bike or go for a ride on a bike in Witton Park.

There are different types of bikes you can borrow and someone will ride with you. This is free.



If you want to find out more about how **CONNECT** can help you contact Cheryl Sandford.



You can ring Cheryl on

01254 588814



or email

[cheryl.sandford@blackburn.gov.uk](mailto:cheryl.sandford@blackburn.gov.uk)

