



Learning Disability Partnership Board

Minutes

(notes) of the meeting

2nd August 2016

10am - 1pm

Blackburn Enterprise
Centre



www.bwdld.org.uk







People that came to the meeting

Stephen Gallagher, Peter Soothill, Rosemary Molyneux, Helen Coates, David Entwistle, Mandy Crabtree, Richard Mason, Mohammed Patel, Sam Isa, Ryan Thornton, Michael Turner, Tom Baron, Alan Pickup, Gemma McMullan, Suzanne Hunter, Geraldine Condon, John Wynn, Rahil Sarwar, Gabby Houlihan, Cheryl Sandford, Sonya Rustidge, Philip O'Brien, Linda Williams, Lynn Wilkinson, Lisa Cavanagh, John Bury, Zauber Arif, Simon Braithwaite, Katie Unthank

Apologies from people that couldn't come to the meeting

Karen Beveridge, Denise Gaffing, Sheila Orrell, Wendy Haworth, Angie Allen

1. Hello and welcome

 	<p>Sam and John co-chaired the meeting with Pete and Rosemary.</p>
	<p>We all said our names.</p>
	<p>We said what the traffic light cards mean:</p> <ul style="list-style-type: none">• The red card is to stop the meeting, or to vote no• The amber card is to ask a question• The green card is to vote yes. Or you can put it in the air when you want to speak



We looked at the minutes from the last meeting in June.



Blackburn College

Gabby from Blackburn College would like some students with a learning disability from Blackburn College to meet us.

We can share our experiences and talk about what it would be like to look for a job and be more independent.



A lot of people at the Board would like to do this.



Clitheroe trip

The bus trip to Clitheroe was good.

The people who went learnt how to use an "interchange". They stopped at Whalley for a while then went to Clitheroe.

Cheryl showed us some pictures from the trip.



Link with carers

Alan said parents and carers should have a chance to speak.

Alan gets a copy of the Inclusion / Personalisation Sub Group minutes. He can share information with other parents and carers.

Pete said it is important to keep parents and carers involved.



Buddying Scheme

Sonya has been in touch with a new dementia place in Blackburn called "Circle of Friends".

They are very keen to have "buddies" there.

Sonya said there is a meeting in September. She will tell us more at our next meeting.

Update on Action Plan and Sub Groups



Pete would like us to meet up and look at the Action Plan. We need to make sure we know what the main bits of work are.

The Action Plan is like a "to do" list.



We also need to look at the sub groups to see if they are working well.

Alan asked if someone else could come to the Carers Sub Group now that Stuart Sheridan has left the Council.



Pete said he would try to go to the group.

Pete asked Alan to email him with any other concerns he has.



re:fresh
your health and wellbeing

**your support
choice**

Health Sub Group

Rosemary showed us the minutes from the last health group in May.

At this meeting they talked about integrated health, Healthwatch and what the group can do to improve health care.

One idea was to use BwD Health Trainers to help people get fit and eat healthy.

You can refer yourself to this service. This means you can ask them to help you. You can find our more on the re:refresh website:

<http://www.refreshbwd.com/service/health-trainers>

Or you can ring them on 01254 682037.

Suzanne said that Your Support, Your Choice can also support you with your health needs like making sure you visit the dentist and the optician.



Rosemary said that Julie Clift is the Hospital Liaison Nurse - if you were to go in hospital, Julie would support you. For someone with a learning disability or autism, this can be a frightening time.

Hospital passports can be used to tell hospital staff you have a learning disability. Some people have said that nursing staff are not using the passports.



Rosemary will email Julie Clift to find out about hospital passports.



Alan talked about the PAN Lancs Confirm and Challenge Group. He has found this group to be very useful and a lot of interesting points have been raised.



Sonya said we could talk about the Confirm and Challenge Group when we meet in September to talk about the Action Plan.



Beth Wolfenden - Public Health Development, Eat Well, Move More, Shape up

Beth works closely with the health trainers. She is working on a health plan to suit everyone in Blackburn with Darwen. The new plan will be ready in the new year. It will include:

- Making healthier choices with food and exercise.
- How to benefit your wellbeing.

Beth said there are lots of different types of exercise, like swimming, walking, tai-chi and dancing.

Richard said he enjoys dancing as an exercise.

The new plan will be shared with everyone. All the information will go on the Learning Disability website.



Beth said she would like people to let her know what they think and their ideas. You can email her at

beth.wolfenden@blackburn.gov.uk

or ring her on 01254 666960.



Anything else?

Autism Board

Pete said the Autism Board is similar to our Partnership Board, the next one is in October.

Stuart Sheridan used to chair the Autism Board. We will check who the new chair is.

Suzanne said the Autism Board is good as some people with autism can't always express what they want to say.



Paula Lomas - Advocacy Group
Rosemary said that Paula Lomas from Advocacy Group is available to support people for the next 10 months.

Paula has arranged 2 meetings and nobody has turned up.

Some of us said that the meetings are too short notice or not at convenient times or dates.



Rosemary said that Paula will be linking up with people at different groups and meetings.

Action: Helen to send out Paula's contact details to everyone.

8. The next meeting



Our next meeting is
**Wednesday 5th October
2016**



At
Blackburn Enterprise
Centre, Furthergate,
Blackburn, BB1 3HQ



Time: 9.30am - 12pm

Meeting starts at 10am

Lunch at 12pm



**There will be lunch and
drinks.**